



Coaching Professional

Apprenticeship Standard

This Level 5 Apprenticeship will equip you with the knowledge, skills and behaviours required to successfully work as a Coaching Professional.

Course Overview

You will work with a wide range of individuals and teams across organisations, to empower and engage with them to enhance their professional performance. Coaching is a way of leading in a non-directive manner, helping people to learn through deep listening and reflective, open questions rather than instructing, giving advice and making suggestions.

On completion, you will have achieved the **Level 5 Coaching Professional Apprenticeship**.



Level 5 Coaching Professional Apprenticeship Standard



Who is it for?

Apprenticeships are open to anyone in England over the age of 16 and not in full time education. Apprenticeships can also be for new or existing employees.



Duration

Between 14-17 months. The first 14 months will be 'in learning' where the knowledge, skills and behaviours needed are developed. The final 3 months will be used to complete the EPA.



Delivery

Tutor-led remote and face-to-face training and portfolio building. You will also have observations and training with a training consultant.

TOPICS COVERED DURING TRAINING

To develop the knowledge, skills and behaviours required for this standard you will cover topics such as: conducting coaching needs analysis to plan coaching strategy, devise coaching contracts, coaching theory including: non-judgmentalism and non-directiveness, communication skills, reflective practice, self-awareness, coaching models: GROW, NLP, Kline's thinking environment, managing stakeholders, giving feedback.

GATEWAY AND END POINT ASSESSMENT (EPA)

We will work with you and your employer to decide when it is time to start your EPA. You will enter the 'gateway' and be prepared and supported by us for two components. You will only have 'achieved' your apprenticeship when the EPA is complete.

- **Observations** - Two, one hour observations with two different coachees, followed by a 20-minute question and answer section.
- **Portfolio Based Interview** - This is where the independent assessor will clarify and validate your claim in meeting the Coaching Standard through ongoing practice, illustrated in the exemplary examples provided in the portfolio, mapped or cross-referenced to the Knowledge, Skills and Behaviours.
- **Knowledge Test**- A multiple choice test that lasts a maximum of 90 minutes and includes 40 questions

