



Emergency First Aid at Work Level 3

This course is suitable for individuals in a low-risk workplace or those supporting qualified first aiders.

Who is it for?

NUCO's Emergency First Aid at Work course is a one-day training programme designed to equip individuals with the essential skills to handle workplace emergencies. This course is fully accredited by NUCO First Aid and meets Health and Safety Executive (HSE) standards. It's suitable for low-risk environments or as supplementary training for a team of qualified first aiders.

- Accreditation: Fully accredited by NUCO First Aid
- HSE Compliance: Meets health and safety executive standards

How will this workshop help me?

This workshop will equip you with the following skills and knowledge

- Essential first aid skills and knowledge for responding to workplace emergencies
- Emphasise practical skills and confidence in handling emergency situations
- Responsibilities and reporting
- Situation Assessment
- Dealing with an unresponsive casualty
- Basic hygiene in First Aid
- Resuscitation, Burns, Epilepsy, Minor Injuries, Bleeding Control, Choking, Shock

This workshop will be delivered by Andrew Spaak, an experienced first aid trainer with real world experience providing first aid cover for small and large events within sports as well as providing first aid at work within the corporate world.

Delivery:

Face to Face
Full day
9:30am - 5:00pm

Costs:

Apprentice: Free
Partner: £75
Commercial: £150

Workshop Dates:

16th February 2026
8th June 2026
12th October 2026

To book your place on this workshop

 Janet@wbtc-uk.com  01635 35975

