



# Coaching & Mentoring

This course is designed to equip you with tools and strategies to use your knowledge in their field, possessing a genuine desire to help others grow.

### Who is it for?

The Coaching and Mentoring Professional Development workshop is ideal for:

 Employees at any any level with substantial experience and knowledge in their field, possessing a genuine desire to help others grow

### How will this workshop help me?

This workshop will develop your understanding of:

- The purpose of coaching and mentoring within an organisational context
- Potential individual, operational and organisational barriers to coaching or mentoring
- Coaching styles and when to adapt your approach
- · Transformational coaching
- Planning, contracting and recording for effective coaching/mentoring

This workshop will be led by Tony Garraway, an experienced trainer who has worked with a variety of organisations in the private and public sector.

### **Delivery:**

Online 3 hours 9:30am - 12:30pm

### Cost:

Apprentice: Free Partner: £75 Commercial: £150

## **Workshop dates:**

23<sup>rd</sup> April 2026 24<sup>th</sup> September 2026

# To book your place on this workshop

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